

Joy Schmitz, PhD
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Contingency Management: Why it Pays to Quit

Dr. Schmitz is the Louis A. Faillace Professor of Psychiatry and Director of the Center for Neurobehavioral Research on Addiction (CNRA) at UTHealth. As Director, she oversees all administrative responsibilities and provides leadership in research and training activities. Research at the CNRA has been continuously funded by federal grants (NIDA, SAMHSA), private foundations, and the pharmaceutical industry. The current research portfolio at CNRA is translational, ranging from studies of genetics and cellular processes of addiction, to human laboratory-based studies of stress and alcohol use, to randomized clinical trials and treatment service delivery programs.

Dr. Schmitz has a long-standing research program focusing on the development and evaluation of behavioral and pharmacological treatments for substance use disorders. Her work seeks to improve patient outcomes by identifying moderators and mediators of treatment effects. She collaborates with leaders in neuroscience and genetics to develop targeted treatments aimed at biological factors underlying drug addiction. Dr. Schmitz has a long track record of continuous NIH funding and has completed studies with the NIDA Clinical Trials Network. She is author on more than 180 peer-reviewed publications and numerous book chapters.

Dr. Schmitz serves the scientific community in various capacities. Locally, she is a standing member of the UTHealth Internal Review Board (IRB), Six-Year Tenure Review Committee, the Neuroscience Research Center, and the department Executive Committee. Nationally, she serves as a standing member of the NIH's Interventions to Prevent and Treat Addictions (IPTA) Study Section. She is a founding member and Fellow of the Society for Research on Nicotine and Tobacco (SRNT) and an Associate Editor for Nicotine & Tobacco Research. She is an active member of the College of Problems on Drug Dependence (CPDD) and Division 12 of the American Psychological Association (APA).

Throughout her career she has maintained strong involvement in the career development of new investigators, serving as primary mentor of numerous graduate students, postdoctoral fellows and junior faculty, including NIH career-development (K) awardees. She has been recognized with mentoring awards, including the UTHealth President's Award for Mentoring Women, the Women Faculty Forum Clinical Excellence Award, and invited mentor for the NIDA Diversity Scholars Network meeting. She was recipient of the UTHealth President's Scholar Award for Excellence

in Research in 2020. She received the 2023 Marian W. Fischman Lectureship Award from the College on Problems of Drug Dependence (CPDD) in recognition of her contributions as an outstanding woman scientist in drug abuse research.