



David C. Houghton, PhD

Assistant Professor

Psychiatry and Behavioral Sciences

John Sealy School of Medicine

University of Texas Medical Branch

*Developing Personalized Treatment Approaches for Opioid Misuse
in Pain Patients*

Dr. Houghton joined the psychiatry faculty at UTMB in 2019, and he holds a joint appointment with the UTMB Center for Addiction Sciences and Therapeutics. He received his doctoral degree from Texas A&M University and completed his pre-doctoral clinical internship and post-doctoral fellowship at the Medical University of South Carolina.

Dr. Houghton conducts research on persons of all ages with psychiatric conditions characterized by compulsive and/or addictive behavior. Specifically, he is interested in developing precision medicine approaches in which treatments are tailored to individuals. He hopes that his findings will eventually lead to improved psychotherapeutic and pharmacological treatments for compulsive/addictive disorders.